

Summer Blast  
2010

## NCJW Opening Event



**Special Guest Speaker**  
**MIKA BRZEZINSKI,**  
author of *All Things At Once*  
and co-host of Morning Joe  
on MSNBC

Thursday Evening  
October 28, 2010  
Wilshire Grand Hotel  
350 Pleasant Valley Way  
West Orange

Some call her “the rebel at the news desk,” a distinction earned when she refused to lead a news roundup with a story about Paris Hilton, lighting the script afire before dropping it into the shredder. But Mika Brzezinski says of herself, simply, that she has become “Mother, wife, journalist. All things at once.” Her memoir chronicles her journey to achieve success in all three roles. Years of struggle, including serious professional and personal setbacks, had her thinking that it couldn’t be done -- until she landed where she is now, in the anchor seat beside Joe Scarborough as the co-host of Morning Joe on MSNBC.

Join us to hear Mika’s story!

Free to NCJW paid-up members; \$20 for nonmembers. Call Gail Sample at the NCJW office to reserve a seat. [Additional details in the Fall Program Guide.](#)

*Opening Event is made possible through a generous donation from Ellen and Donald Legow.*

The Volunteer Network –  
Check Out Our Makeover!



**The NCJW**  
**VOLUNTEER**  
**NETWORK**  
Raise your hand. Volunteer!  
[www.volunteernj.org](http://www.volunteernj.org)

*Matchmaker, matchmaker, make me a match!*

Visitors to NCJW’s new website of The Volunteer Network can easily find their match with a volunteer opportunity at [www.volunteernj.org](http://www.volunteernj.org), a searchable website that makes it simple to find a just-right fit. The website is ideal for the community at large to use as a go-to information source for finding a volunteer job. NCJW members and their friends are encouraged, for a more personal touch, to contact our volunteer coordinator, Sue Wasserman.

### Volunteer Opportunities: NCJW Needs You!

*Contact Sue Wasserman for all volunteer opportunities.*

#### Teen Dating Abuse Training

Train to be a presenter or an assistant to teach healthy vs. abusive dating relationships in local high schools.

Assistant Training: Tues., Oct. 5, 10-12.

Presenter Training: Tues., Wed., Thurs., Oct. 26, 27, and 28, 9:30-12.

#### Other Volunteer Opportunities

- Bloomingdale’s Shopping Event – Sell \$10 tickets to friends and family
- Wednesday Women’s Workshops – Registrars needed
- Mitzvah Night
- Opening Event

## New in this Blast!

The "Contact Box" is a centralized place where you'll find phone numbers and emails for program information and registration. The contact point for each event and opportunity is noted in the information blurb; unless otherwise noted, the phone number and email are listed in the Contact Box.

## CONTACT BOX

### EXECUTIVE OFFICE

973.740.0588 • [www.ncjwessex.org](http://www.ncjwessex.org)

- **Cathy Silverman**, Executive Director  
[csilverman@ncjwessex.org](mailto:csilverman@ncjwessex.org)
- **Gail Sample**, Office Manager  
[gsample@ncjwessex.org](mailto:gsample@ncjwessex.org)

### THE VOLUNTEER NETWORK

973.740.0588 x22 • [www.volunteernj.org](http://www.volunteernj.org)

- **Sue Wasserman**, Volunteer Coordinator  
[swasserman@ncjwessex.org](mailto:swasserman@ncjwessex.org)

### CENTER FOR WOMEN

973.994.4994 • [www.centerforwomennj.org](http://www.centerforwomennj.org)  
[centerforwomen@ncjwessex.org](mailto:centerforwomen@ncjwessex.org)

- **Jill Kapleau**, Center for Women Coordinator  
[jkapleau@ncjwessex.org](mailto:jkapleau@ncjwessex.org)

## Check Out The Linda and Rudy Slucker NCJW Center for Women!

**Career Quest** Guidance in goal-setting, career-planning, resume-writing, interview techniques, and job-search strategies. Fee: \$75. By appointment. **Contact:** Center for Women

**Career Closet** Your gently used workplace-appropriate clothing helps economically struggling women re-enter the workforce. Items needed: fall and winter clothes (on hangers), handbags, costume jewelry, scarves, belts, and shoes. Drop off at St. James Church, 581 Valley Road (corner of Bellevue Ave.), Upper Montclair. No appointment -- stop by during these hours: Tues., Aug. 3, 1-3; Thurs., Aug. 12, 10-12; Wed., Aug. 18, 1-3; Wed., Aug. 25, 10-12; Mon., Sep. 13, 10-12; Tues., Sep. 21, 10-12; Wed., Sep. 29, 1-3

**Computer Training for Women** \$85 per course; reduced fee for displaced homemakers.

**Contact:** Center for Women or register on Center for Women website.

Start Dates (Call for complete schedule):

- *Introduction to Windows, the Internet and Email:* Session 1: Aug. 4. Session 2: Sep. 13
- *Introduction to WORD:* Session 1: Aug. 4. Session 2: Sep. 2. Session 3: Oct. 4
- *Intermediate WORD:* Oct. 4
- *Basic EXCEL:* Sep. 2
- *Intermediate EXCEL:* Dates to be announced.
- *PowerPoint:* Session 1: Aug. 5. Session 2: Oct. 5.
- *QuickBooks:* Sep. 14

### Peer Support Groups for Women

Six-week sessions begin on the dates below. 7:30 p.m. \$45 per group. **Contact:** Center for Women or register on Center for Women website.

- *Women Coping with Separation & Divorce:* Wednesdays, Oct. 6
- *Women Coping with a Relative with an Eating Disorder:* Thursdays, Oct. 7
- *Other groups forming:* Women Parenting Alone, Mothers of Children who are Socially Isolated, Widows Moving On

**Rainbows** Support group for children 5 to 12 grieving a death, separation, divorce. Ten-week session begins Mon., Oct. 11. 5:30-6:30. No fee. **Contact:** Center for Women

**Women's Workshops** Wednesdays. Fee: \$7 each; free to NCJW members who register in advance. **Contact:** Center for Women or register online at Center for Women website.

- *Boomers' and Seniors' Financial Issues: What You Need to Know About Benefits.* Aug. 4, 7:15.
- *Letting Go of Anger.* Aug. 25. 7:15.
- *Child Support: Don't Get Mad...Get Paid.* Sep. 1, 7:15.
- *Handling Investments During & After Divorce:* Sep. 15, 7:15.

## Programming ■ Advocacy ■ Fund-Development ■ Membership

**Books and Bagels** is back! Wed., Oct. 6. *Women of the Silk* by Gail Tsukiyama. Other fall dates: Nov. 10 and Dec. 14. \$6/session for members or \$15 for the series of three; \$10/session for non-members. **Contact:** Gail Sample or register online.

### 8<sup>th</sup> Annual Wonder of Women

#### Film Festival Sun., Nov. 14, 10-3.

A day-long festival of short films and documentaries from independent filmmakers. Details in Fall Program Guide. \$45 for members registered in advance; \$55 for non-members registered in advance; \$60 for members and non-members at door. Includes lunch. Last year's event sold out! **Contact:** Gail Sample or register online.

### Focus on Food: The Cookbook \$20.

**Contact:** Gail Sample or order online.

**Bloomington's: The Shopping Event** This year, it's two days! Wed., Oct. 20 and Thurs., Oct. 21, 10 a.m.-10p.m. For a \$10 ticket; at least 15% off most purchases at all NJ locations. **Contact:** Gail Sample

**Politics and Pastry** Tues., Sep. 28 and Oct. 12, 11:30-1, NCJW Section Conference Room. No fee. Bring a brown bag Kosher-style lunch. Coffee, dessert, and stimulating conversation provided. Members only; no registration needed.

**Lunch and Learn** FBI Agent K.I. Davis presents, **Human Trafficking, Human Tragedy:** The buying and selling of women and children here in NJ. Wed., Oct. 27, 12-2. Temple Emanu-El of West Essex. \$15 members, \$25 non-members. Pre-registration required. Price includes a delicious buffet lunch. **Contact:** Gail Sample or register online.

**VolunTweens** Twice a month, November through March, fifth- through eighth-graders are partnered with a teacher in a preschool class for an eight-week afterschool program. Tweens assist with arts and crafts, reading, circle time, playtime. \$45 per volunteer. **Contact:** Sue Wasserman

**Savvy Solos** Vibrant group of active single women. Kick-off event July 31, 7 p.m. in Short Hills. Info and RSVP: Elyse: [erames@gmail.com](mailto:erames@gmail.com) 973.736.1165 or Hedy: [hedy8744@comcast.net](mailto:hedy8744@comcast.net) General info on Savvy Solos, contact Gloria Schwartz at [glocatz@gmail.com](mailto:glocatz@gmail.com)

### New Members

Sandi Albert, Mona Alpert, Gwen Avrut, Shana Berman, Robin Bernstein, Kathleen Bott, Everette Christian, Roslyn Eagle, Jaffa Feldman, Doris Fleisher, Naomi Fruchter, Ruth Goldman, Rita Isaacs, Muriel Kadin, Judy Kantor, Elise Levine, Amy Marcus, Julie Mazer, Mae Movshin, Susan Nathan, Edith Pollack, Sharon Sachs, Sandy Schragar, Stephanie Sherman, Carol Sidman, Gloria Smith, Jennifer Weberman, Emily Weinberger, Maxine Winik, Karen Wolf

### New Life Members

Joan Cohen-Shaw, Joanne Levitan, Jean Mandell, Ellie Miller, Melissa Simon